



Sportsmanship Expectations

January 12, 2024

Rainbow Sports League was founded with the philosophy that all people are welcome to participate in a FUN, safe, social, and inclusive environment. To that end, we expect all of our teams and participants to exhibit exemplary actions of sportsmanship and civility to maintain the fun and social atmosphere that is core to our mission. Below is a guideline of actions that represent the level of sportsmanship we expect.

Do's.....

This is for Fun
Opposing Teams are our Friends
Help each other up
Congratulate opposing team after a match
(Lining up to shake hands / high five)

End of game cheers of encouragement
Hang out / mingle on sidelines
Participate in League Socials and Socializing
with other teams

Call yourself "out"
Admit your own mistakes (fouls, lines, etc.)
Respect Umpire's Decisions
Welcome & encourage new players
Help set-up and tear-down of equipment

Don'ts.....

This is not War
Opposing Teams are not our Enemies
Knock each other down
Walk off and ignore the other team

No cheers or ones that are disparaging
Isolate your team away from others
Avoid or Discourage players from outside Socializing
at league events or with other teams

Await the Ref to call you out – call others out
Point out other's mistakes (fouls, lines, etc.)
Argue Umpire's Decisions
Avoid & discourage new players
Walk away / assume others will do it